WHOLE GRAIN INITIATIVE

INTERNATIONAL WHOLE GRAIN DAY
WHOLE GRAINS: IT'S TIME TO ACT FOR YOU AND THE PLANET

15:30-17:00 (CET)   #INTERNATIONALWGDAY
16 NOVEMBER 2021   @EATWHOLEGRAINS

A WHOLE DAY FOR WHOLE GRAIN

AGENDA

15:30-15:35	**Welcome & introduction**

› **SUE SAVILLE,** Moderator, Broadcast and Medical Journalist

› **CAROLINE SLUYTER,** Board Member, Whole Grain Initiative and Program Director, Oldways Whole Grains Council

15:40-16:00	**Keynote address**
15:40-15:50	**Whole grains for global health and sustainable diets**

› **DR. FRANCESCO BRANCA,** Director, Nutrition and Food Safety, World Health Organization (WHO)

15:50-16:00	**Why food systems have so much to gain from whole grains in addressing pressing environmental challenges**

› **DR. NANCY ABURTO,** Deputy Director of the Food and Nutrition Division of the FAO

16:00-16:50	**Panel discussions**

Panel one: Whole grain and plant-based diets

› **DR. AMANDA WOOD,** Researcher, Stockholm Resilience Centre at Stockholm University

› **MANUEL MOÑINO,** Lead of the European Specialist Dietitians Network in Public Health, European Federation of the Associations of Dietitians (EFAD)

› **PROF. JOHN SIEVENPIPER,** Associate Professor Department of Nutritional Sciences, University of Toronto

Panel two: Fighting COVID-19 and chronic diseases - what role for whole grain?

› **SHEENA SWANNER,** Director of Nutrition Programs, American Institute for Cancer Research (AICR)

› **JEMMA O'HANLON,** Senior Food and Nutrition Advisor, National Heart Foundation of Australia

› **PROF. PHILIP CALDER,** Head of Human Development & Health and Professor of Nutritional Immunology, University of Southampton

Panel three: Evolving public policy initiatives on whole grain

› **GITTE LAUB HANSEN,** Project Consultant, Danish Cancer Society

› **DANIELA FLORES,** Nutritionist, Nutricion sin Etiquetar

› **JOANNA KANE-POTAKA,** Executive Director and co-Founder, Food2030

16:50-17:00	**Q&A and Closing Remarks**